



# One-step solvent-free mechanochemical synthesis of metal iodate fine powders



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## ABSTRACT

Metal iodates are strong iodine rich oxidizers which can be used in the formulation of biocidal energetic materials. Generally, metal iodates particles were synthesized by chemical precipitation methods with a large size distribution. In this work, we developed a one-step and solvent-free, high yield method to synthesize metal iodate fine powders by mechanochemistry. Compared to the conventional chemical precipitation method, the size of final products can be reduced by 20–500 times. The method generates particles with a narrower size distribution and high yield, and is sufficiently generic as to enable creation of a variety of metal iodates including  $\text{AgIO}_3$ ,  $\text{Ca}(\text{IO}_3)_2$ ,  $\text{Mn}(\text{IO}_3)_2$  and  $\text{Cu}(\text{IO}_3)_2$ . Moreover, the synthesis is conducted in the solid states with little to no solvent. The role of process conditions (temperature, hydration state, and milling time) on reaction products was investigated by TG/DSC and XRD. We believe that crystalline water bound to the metal nitrates precursor lowers the Tammann's temperature sufficient to unbind water so as to promote ion diffusion and thus facilitate reaction in the absence of a solvent. The reaction is promoted by the milling process which attrits the particles to expose fresh unreacted surfaces and reduces particle size.

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## 1. Introduction

“Mechanochemistry” refers to a technique that uses mechanical energy to induce physicochemical transformations and chemical reactions between solids [1–4]. So called “Green Manufacturing” approaches hope to minimize the use of solvents, particularly those that are petroleum based [2]. Mechanochemistry, particularly if conducted in a dry state offers the potential to significantly decrease the environmental footprint, from both an energy and chemical usage and disposal [1,2]. In recent years, mechanochemical techniques have evolved into a mainstream synthesis technique to produce various materials including inorganic solids [5,6], cocrystals [7], organics [8], and metal-organic frameworks (MOFs) [9]. In a mechanochemical process, chemical reactions occur at the interfaces of nanoscale layers that are continuously re-generated owing to repeated welding, deformation and fracture of the reactants mixture [10]. As a result, the temperature for inducing a chemical reaction in a mechanochemical process is lowered [10–15].

In this study, we focus on energetic material components that can be used in the neutralization of bacterial spores. Among different energetic systems, one of the most interesting are nanothermites, also known as metastable interstitial composites (MICs), consisting of nanosized fuel (normally aluminum nanoparticles, Al NPs) and nanosized metal oxides

(such as  $\text{CuO}$ ,  $\text{Bi}_2\text{O}_3$ , and  $\text{Fe}_2\text{O}_3$ ), and shown to have  $>1000\times$  higher reactivity when compared to conventional thermites [16–20]. Many techniques such as electrospray/electrospinning [21] and ball milling [22–24] (top-down), magnetron sputtering [25] and electrodeposition [26] (down-top), spray pyrolysis [27–29], precipitation [30,31] and combustion synthesis [32], etc. have been employed to generate the nanosized oxidizers in nanothermite systems. Using these methods, nanoparticles of various sizes and morphologies can be created. However, none of these methods simultaneously possess the three important characteristics for green manufacturing: solvent-free; low thermal budget, economical large-scale production.

Compared to metal oxides, metal iodates are much stronger oxidizers in thermite applications because upon decomposition, not only is corresponding metal oxides formed, by oxygen and iodine gas are released at relatively low temperatures [30,31,33]. One very important aspect of this is that one of the by-products of reaction elemental iodine, is a very effective biocide [23,27,29,31,33]. The large exothermicity from reactions with metals such as aluminum and the large iodine content make metal iodates viable candidates for neutralization of biological warfare agents such as *Bacillus anthracis* (anthrax) spores [30,31,33]. Table 1 shows data of iodine content, energy density and adiabatic flame temperatures for different metal iodates based thermites (determined by NASA CEA and Cheetah codes). As shown in Table 1, metal iodate based thermites (with aluminum) have relatively high iodine content ( $>40$  wt%), high energy densities ( $\sim 5$  kJ/g) and high adiabatic flame temperatures ( $\sim 4000$  K). Commonly, metal iodates particles such as  $\text{AgIO}_3$ ,  $\text{Ca}(\text{IO}_3)_2$ ,  $\text{Mn}(\text{IO}_3)_2$  and  $\text{Cu}(\text{IO}_3)_2$  are synthesized by

Abbreviations: XRD, X-ray diffractometer; SEM, scanning electron microscope; EDS, Energy-dispersive X-ray spectroscopy; DI water, deionized water; Tm, melting point.

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**Table 1**  
Iodine content, reaction heat and adiabatic flame temperature (AFT) of various metal iodates-based thermites.

Thermites	Iodine content (wt%) <sup>a</sup>	Reaction heat (kJ/g) <sup>b</sup>	AFT (K) <sup>c</sup>
AgIO <sub>3</sub> + 2Al	37.7	−3.89	3681 <sup>1, 7, 8</sup>
Bi(IO <sub>3</sub> ) <sub>3</sub> + 6Al	42.5	−4.13	4062
Cu(IO <sub>3</sub> ) <sub>2</sub> + 4Al	48.7	−4.98	4061
Fe(IO <sub>3</sub> ) <sub>3</sub> + 6Al	51.3	−4.97	4043
Mn(IO <sub>3</sub> ) <sub>2</sub> + 4Al	49.5	−4.48	3971
Ca(IO <sub>3</sub> ) <sub>2</sub> + 4Al	51.0	−3.98	3909
CuO + (2/3) Al	0	−1.26	3054

<sup>a</sup> Based on stoichiometric ratio of the fuel and oxidizer.

<sup>b</sup> Calculated via [www.materialsproject.org](http://www.materialsproject.org).

<sup>c</sup> Calculated by Cheetah codes except Al/AgIO<sub>3</sub>, which is calculated by NASA CEA.

chemical precipitation methods which result in large particle size distributions. There are for example no superfine metal iodates commercially available [34]. However, smaller metal iodates particles are desired for high reactivity when formulated with nano aluminum. Previously, our group synthesized AgIO<sub>3</sub> sheets by a chemical precipitation method, but these produced a wide range of ~100 nm to 10 μm of AgIO<sub>3</sub> sheets [35,36]. Dreizin's group prepared B-Ca(IO<sub>3</sub>)<sub>2</sub>/Al-Ca(IO<sub>3</sub>)<sub>2</sub> composites using commercial Ca(IO<sub>3</sub>)<sub>2</sub>, but were able to decrease the particle size to ~1 μm by arrested reactive milling [37,38]. In this paper, various superfine metal iodate particles were efficiently produced by simply milling the corresponding metal nitrates and potassium iodate with production yields >75%, with little to no solvent. Furthermore, the synthesized metal iodate particles are nanosized or submicron.

## 2. Experimental section

### 2.1. Chemicals

Copper (II) nitrate trihydrate (99.5%) was purchased from Strem Chemicals. Calcium (II) nitrate tetrahydrate (≥99.0%), manganese (II) nitrate tetrahydrate (≥97.0%), silver nitrate (≥99.0%), bismuth nitrate pentahydrate (≥98.0%), ferric nitrate nonahydrate (99.1%) and potassium iodate (99.5%) were purchased from Sigma-Aldrich. All the above chemicals were used as received. Deionized (DI) water was produced using a water purification system purchased from ELGA (Model: LA621).

### 2.2. Milling system

The milling system employed was a Retsch CryoMill operated at ambient conditions using plastic centrifuge tubes purchased from FisherBrand (2 mL, inner diameter 9 mm, length 40 mm) and milled with balls purchased from GlenMills (Hardened steel balls and alumina balls, 7/32" in diameter). Steel ball and alumina balls weighs ~1.36 g and ~0.4 g, each respectively. All the experiments were conducted at room temperature (~25 °C). The frequency of milling varied from 3.0–25.0 Hz. And the milling period varied from 10 s to 99 min. In a typical experiment, 1 millimole of metal nitrate and the corresponding amount of potassium iodate were added to the 2-mL plastic centrifuge tube with 3 milling balls and milled at a frequency of 25.0 Hz (25/s) for 10 min. For example, 1 millimole of calcium nitrate tetrahydrate (molecular weight: 236.15) is 236.15 mg and the corresponding amount of potassium iodate (molecular weight: 214) is 2 millimole, or 428 mg. The theoretical product mass for calcium iodate (molecular weight: 408) is 408 mg. The three steel balls weigh 4.08 g and all reactants weigh 664.15 mg, thus the ball-to-powder mass ratio is 6.14. The temperature of the samples could in this period reach as high as ~318 K (45 °C) with hardened steel balls, and ~308 K (35 °C) with Al<sub>2</sub>O<sub>3</sub> balls, as measured by a digital thermometer (Model: Hh11B, from Omega) just after milling.

### 2.3. Chemical precipitation method

For Bi(IO<sub>3</sub>)<sub>3</sub>, Fe(IO<sub>3</sub>)<sub>3</sub> and AgIO<sub>3</sub> synthesis, metal nitrate (0.044 mol/L) and potassium iodate (0.13 mol/L) aqueous solution were mixed dropwise to produce the precipitate (Fig. S1). However, using the same procedure, we could not get any Ca(IO<sub>3</sub>)<sub>2</sub>, Mn(IO<sub>3</sub>)<sub>2</sub> and Cu(IO<sub>3</sub>)<sub>2</sub> precipitate by this method initially. Crystal growth however does appear after ~24 h. The average size of the produced Ca(IO<sub>3</sub>)<sub>2</sub>, Mn(IO<sub>3</sub>)<sub>2</sub> and Cu(IO<sub>3</sub>)<sub>2</sub> crystals are ~1.7 mm, ~0.1 mm and ~0.4 mm (Fig. S2). To obtain smaller particles, the concentration of the three metal nitrates and potassium iodates used was increased to 1 mol/L and 0.3 mol/L, respectively. The precipitation reaction temperature and time were also elevated to 70 °C and 50 min in a water bath. The average size of the produced Ca(IO<sub>3</sub>)<sub>2</sub>, Mn(IO<sub>3</sub>)<sub>2</sub> and Cu(IO<sub>3</sub>)<sub>2</sub> crystals are ~100 μm, ~5 μm and ~2 μm (Fig. S3). The Mn(IO<sub>3</sub>)<sub>2</sub> needles and Cu(IO<sub>3</sub>)<sub>2</sub> plates also agglomerate into large spheres with a diameter of >20 μm and >10 μm, respectively. These needles and plates are not easy dispersed using ultra-sonication.

### 2.4. Washing/drying process

The product made by the above methods need to be processed by a simple washing and drying process. The samples were loaded into a large centrifuge tube (15 mL, FisherBrand) with 15 mL deionized water (DI water) and sonicated for 5 min, and centrifuged for 10 min at 7000 rpm (Labnet, Model: Hermle Z300) to obtain the final product. The whole process was repeated 3 times to enable full removal of any impurities. The sample was then dried overnight in a vacuum oven to remove free water. The final products were gently broken apart into powders with a spatula.

### 2.5. XRD, SEM/EDS, and TG/DSC

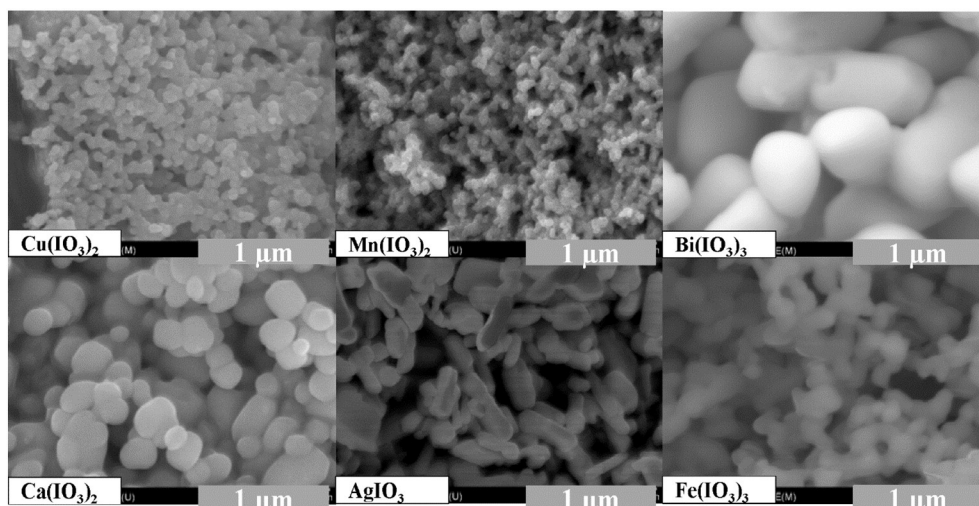
A Bruker X-ray diffractometer (XRD, D8 with Cu-Kα radiation) was used to determine the crystallinity state of each metal iodate. A Hitachi Su-70 scanning electron microscope (SEM) attached with Energy-dispersive X-ray spectroscopy (EDS) was employed to analyze the particle size/morphology and elemental composition, respectively. The size of particles was directly measured from the SEM images by Nano Measurer 1.2. At least 200 particles for each sample were measured and the average reported. The metal iodate powders were attached to the SEM stage using carbon tape. A thin layer of Au (~3–5 nm) was deposited on the surface to increase the samples' conductivity before testing. Thermogravimetric/differential scanning calorimetry (TG/DSC) results were obtained with a TA Instruments Q600 at a rate of 10 °C/min up to 1000 °C in an argon atmosphere (100 mL/min).

## 3. Results and discussion

Generally, metal iodates precipitation can be obtained by mixing metal nitrate and potassium iodate solution as Eq. (1) shows. Table S1 shows the heat of formation of all the reactants and products and the Gibbs free energy change of each reaction. The latter is estimated as the change of reaction enthalpies (entropy change was assumed ~0). All the values of Gibbs free energy changes are negative, which means that based on Eq. (1), metal iodates form spontaneously.



Six different metal iodates with cations spanning the periodic table from alkaline earth metals (such as Calcium) to transition metals (such as Iron) to post-transition metals (such as Bismuth) were synthesized by dry mechanochemistry and the corresponding SEM images in Fig. 1 shows a relatively narrow size distribution. For comparison, these metal iodates were also synthesized using a chemical precipitation method as shown in Fig. S1–S3. The details can be found in the



**Fig. 1.** SEM images of different metal iodates made by mechanochemistry. Note: both copper iodate ( $3\text{Cu}(\text{IO}_3)_2 \cdot 2\text{H}_2\text{O}$ ) and calcium iodate ( $\text{Ca}(\text{IO}_3)_2 \cdot \text{H}_2\text{O}$ ) have crystal water. Milling time = 10 min at 25 Hz.

**Experimental section.** Using chemical precipitation  $\text{AgIO}_3$  can be prepared at room temperature. However,  $\text{Cu}(\text{IO}_3)_2$ ,  $\text{Mn}(\text{IO}_3)_2$  and  $\text{Ca}(\text{IO}_3)_2$ , typically required heating to  $70^\circ\text{C}$ , for  $\sim 1$  h. The resulting particles are quite large, with significant agglomeration (Fig S3).

**Table 2** tabulates results for both ball milled and precipitation synthesis. Mechanochemistry produces much smaller sizes with narrower size distribution than precipitation growth. The average size of  $\text{AgIO}_3$ ,  $\text{Cu}(\text{IO}_3)_2$ ,  $\text{Mn}(\text{IO}_3)_2$  and  $\text{Ca}(\text{IO}_3)_2$  particles was reduced by a factor 20, 40, 100 and 500, respectively, when using mechanochemistry as compared to chemical precipitation. However,  $\text{Bi}(\text{IO}_3)_3$  and  $\text{Fe}(\text{IO}_3)_3$  mechanochemically generated particles were 6 and 3 times larger than those made from chemical precipitation, respectively. The latter result is presumably because the low solubility of  $\text{Bi}(\text{IO}_3)_3$  and  $\text{Fe}(\text{IO}_3)_3$  in water leads to a higher nucleation rate. Both  $\text{Bi}(\text{IO}_3)_3$  and  $\text{Fe}(\text{IO}_3)_3$  particles obtained by the chemical precipitation method are amorphous supporting this claim [31].

The XRD results of all the products after only 10 min's milling (25 Hz: milling frequency) are shown in Fig. 2 (except  $\text{Bi}(\text{IO}_3)_3$  and  $\text{Fe}(\text{IO}_3)_3$  cases) and clearly confirms that all the products are a mixture of metal iodates and the other by-product  $\text{KNO}_3$ , with no evidence of unreacted precursor. Washing (with water) is shown to leave only the desired metal iodate. (Fig. S4 and S5). The  $\text{Bi}(\text{IO}_3)_3$  and  $\text{Fe}(\text{IO}_3)_3$  cases are more complex which will be discussed later in this paper. The yields of metal iodates made by the two methods are also listed in Table 2. In general, the yields from the mechanochemical approach are  $>75\%$ , and higher than chemical precipitation and in some cases, such as  $\text{Ca}(\text{IO}_3)_2$  and  $\text{Cu}(\text{IO}_3)_2$ , the yield was almost doubled.

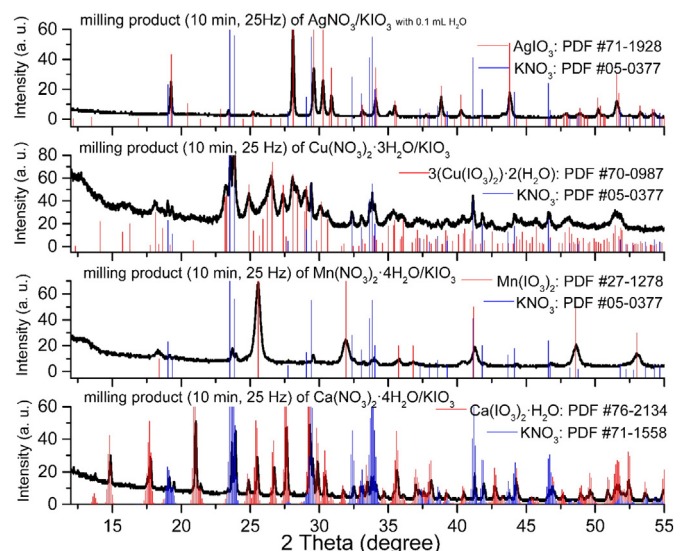
**Table 2**  
Average size and yield of different metal iodates produced by chemical precipitation and mechanochemical method. Milling time = 10 min at a frequency of 25 Hz.

Materials	$K_{sp}$	Method	Average (nm)	Yield (%)
$\text{Mn}(\text{IO}_3)_2$	$4.37 \times 10^{-7}$	Chemical precipitation	$\sim 5000$	66.7
		Mechanochemistry	$\sim 50$	75.7
$\text{AgIO}_3$	$3.17 \times 10^{-8}$	Chemical precipitation	$\sim 3000$	93.0
		Mechanochemistry	$\sim 150$	96.2
$\text{Ca}(\text{IO}_3)_2 \cdot \text{H}_2\text{O}$	$6.44 \times 10^{-7}$	Chemical precipitation	$\sim 100,000$	35.8
		Mechanochemistry	$\sim 200$	77.5
$3\text{Cu}(\text{IO}_3)_2 \cdot 2\text{H}_2\text{O}$	$1.4 \times 10^{-7}$	Chemical precipitation	$\sim 2000$	45.3
		Mechanochemistry	$\sim 50$	81.7
$\text{Bi}(\text{IO}_3)_3$	–	Chemical precipitation	$\sim 130$	83.7
		Mechanochemistry	$\sim 850$	96.4
$\text{Fe}(\text{IO}_3)_3$	$\sim 10^{-14}$	Chemical precipitation	$\sim 50$	80.3
		Mechanochemistry	$\sim 150$	80.5

### 3.1. The role of thermal properties on the reaction

Generally, solid-solid reaction chemistry needs high pressure and/or high temperature for a sustained period to overcome the diffusion bottleneck for reaction. However, in this work, we achieve efficient reactions between solids at near ambient pressure and temperature. It is well accepted that the Tammann temperature ( $T_s$ ) is a good metric to determine when atoms or molecules in a solid acquired sufficient energy for their bulk mobility and reactivity to become appreciable (such as to sinter) [39]. Therefore, the Tammann temperature is related to the melting point ( $T_m$ ) of the solid. For example, the Tammann temperature for salts is usually evaluated as  $\sim 0.57 T_m$  (Kelvin scale) [39]. Table 3 shows the melting temperature, the calculated Tammann temperature and decomposition temperature ( $T_d$ ) of various metal nitrates.

From Table 3, we see that all the hydrated metal salt except  $\text{Cu}(\text{NO}_3)_2 \cdot 3\text{H}_2\text{O}$  have a low melting point  $<323$  K ( $50^\circ\text{C}$ ). This makes the corresponding Tammann temperature below 223 K ( $-50^\circ\text{C}$ ). Direct measurement of temperature after 5 min of milling showed that the sample temperature was  $>318$  K ( $45^\circ\text{C}$ ) owing to the mechanical energy input, which is  $>100$  K higher than the Tammann



**Fig. 2.** XRD of ball milled products after 10 min milling (25 Hz).



**Table 3**  
Melting and Tammann's temperature of various metal iodates.

Reactant 1	T <sub>m</sub> , K	T <sub>s</sub> , K	T <sub>d</sub> , K	Obtained iodate by mechanochemistry?
AgNO <sub>3</sub>	483	275	523–713	Yes with 0.1 mL DI water
Bi(NO <sub>3</sub> ) <sub>3</sub> ·5H <sub>2</sub> O	303	173	323–333	Yes with Al <sub>2</sub> O <sub>3</sub> balls
Cu(NO <sub>3</sub> ) <sub>2</sub> ·3H <sub>2</sub> O	388	221	443	Yes
Fe(NO <sub>3</sub> ) <sub>3</sub> ·9H <sub>2</sub> O	320	182	398	Yes
Mn(NO <sub>3</sub> ) <sub>2</sub> ·4H <sub>2</sub> O	310	177	433–473	Yes
Ca(NO <sub>3</sub> ) <sub>2</sub> ·4H <sub>2</sub> O	316	180	–	Yes
KIO <sub>3</sub>	833	475	833	–

temperature of the most metal nitrates. Therefore, according to the definition of Tammann temperature, the diffusion speed of mobile species into crystalline lattice should increase significantly when the temperature is higher than this critical point. Moreover, metal nitrates such as Cu(NO<sub>3</sub>)<sub>2</sub>·3H<sub>2</sub>O are strongly hygroscopic which further promotes ion transport between the reactants. AgNO<sub>3</sub> and KIO<sub>3</sub> have a much higher melting point of 483 K and 833 K, raising their Tammann's temperatures as 275 K and 475 K, respectively.

The rapid reaction between metal nitrate and potassium iodate can be achieved mechanochemically, in part because the mechanical energy input will exothermically accelerate the ion diffusion after the temperature is raised above the Tammann temperature. To further confirm this, a simply mixed Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O/KIO<sub>3</sub> and a ball milled product (25/s, 10 min) of Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O/KIO<sub>3</sub> (both in stoichiometric ratio) were heated in a TG/DSC at 10 °C/min till to 1000 °C in argon. The simply mixed case was kept at ~50 °C for 30 min to complete the reaction. For a better comparison, all the reactants and products (Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O, KIO<sub>3</sub>, KNO<sub>3</sub> and Ca(IO<sub>3</sub>)<sub>2</sub>·H<sub>2</sub>O) and a simply mixed KNO<sub>3</sub>/Ca(IO<sub>3</sub>)<sub>2</sub>·H<sub>2</sub>O (same amount produced according to Eq. (1)) were also heated in the TG/DSC in the same procedure. As Fig. 3 shows, for the ball milled case, the TG/DSC curves are almost the same as that of KNO<sub>3</sub>/Ca(IO<sub>3</sub>)<sub>2</sub>·H<sub>2</sub>O, which indicates that the mechanochemical reaction is

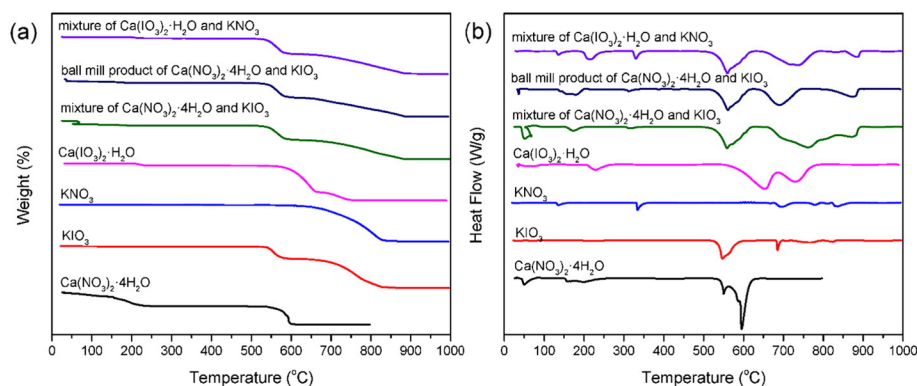
complete. For the simply mixed case, the TG/DSC curves are similar to that of the mixture of KNO<sub>3</sub>/Ca(IO<sub>3</sub>)<sub>2</sub>·H<sub>2</sub>O. That is, after being heated at 50 °C for 30 min, the simply mixed Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O/KIO<sub>3</sub> has partially transformed to KNO<sub>3</sub>/Ca(IO<sub>3</sub>)<sub>2</sub>·H<sub>2</sub>O. One direct evidence is that the dehydration endothermic peak of Ca(IO<sub>3</sub>)<sub>2</sub>·H<sub>2</sub>O (~200 °C) and melting endothermic peak of KNO<sub>3</sub> (~330 °C) were all detected in the three curves. One interesting point is that there is a wide and deep endothermic peak around 50 °C for simply mixed Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O/KIO<sub>3</sub> case while that peak for just Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O case is sharper. The shape change of this peak might be attributed to the reaction between Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O and KIO<sub>3</sub>.

As we saw in Table 3, precursors at room temperature are already above the Tammann temperature in most cases. Simple mixing the two reactants of metal nitrates (except AgNO<sub>3</sub>) with KIO<sub>3</sub> at room temperature will lead to interfacial reaction, however the reaction is limited by diffusion and thus milling is necessary to remove the reacted (product) interfacial layers to expose fresh material for continued reaction.

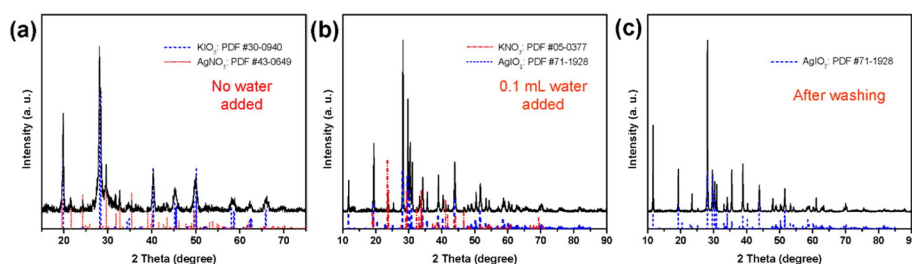
### 3.2. The role of hydration in the reaction

Fig. 4 shows, that the Tammann's temperature of AgNO<sub>3</sub> is as low as 275 K, however milling AgNO<sub>3</sub> and KIO<sub>3</sub> does not produce AgIO<sub>3</sub>, which suggests the importance of crystal water. As shown in Table 3 and described above, AgIO<sub>3</sub> can be synthesized by milling with 0.1 mL DI water (Fig. 4). We note at this point that addition of 0.1 mL of water only dissolves a negligible amount of the two reactants, but should provide a pathway for ion transport.

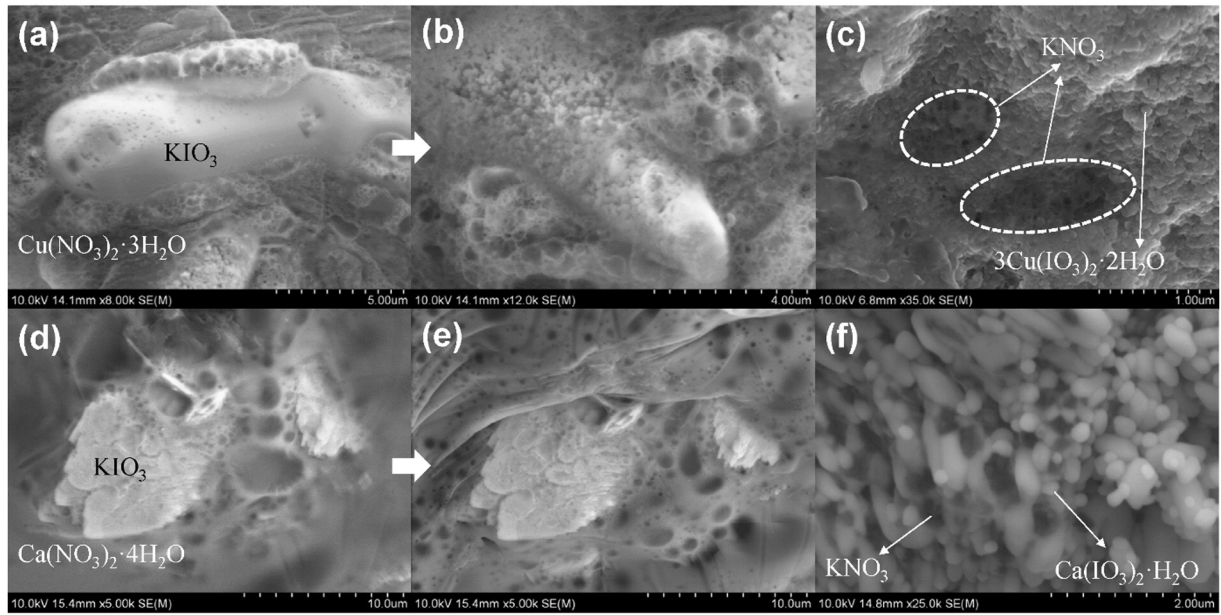
To further explore the role of hydration in the diffusion and reaction, Cu(NO<sub>3</sub>)<sub>2</sub>·3H<sub>2</sub>O and Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O were mixed with KIO<sub>3</sub> separately and characterized by SEM. In this experiment, the metal nitrate salts and KIO<sub>3</sub> crystals were freshly mixed before loading into the SEM without any other treatment. Fig. 5 shows that upon beam heating in the



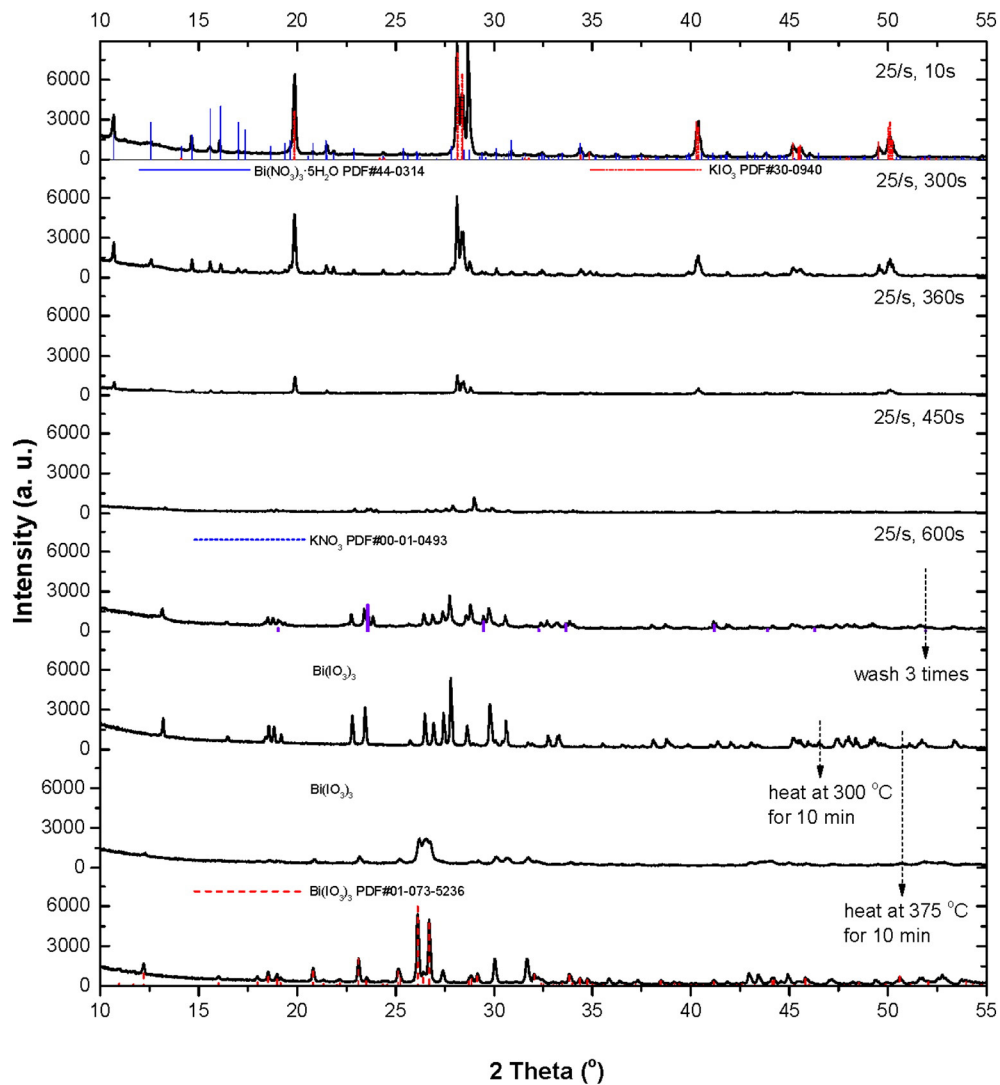
**Fig. 3.** TG and DSC results of different materials.



**Fig. 4.** XRD results of milling (25 Hz, 10 min) products of AgNO<sub>3</sub>/KIO<sub>3</sub> (a), ball milling (25 Hz, 10 min) products of AgNO<sub>3</sub>/KIO<sub>3</sub> (with 0.1 mL DI water, b), AgIO<sub>3</sub> (c) after 3 times washing with DI water of (b).



**Fig. 5.** SEM showing fast diffusion of  $\text{KIO}_3$  into  $\text{Cu}(\text{NO}_3)_2 \cdot 3\text{H}_2\text{O}$  (a and b) and  $\text{Ca}(\text{NO}_3)_2 \cdot 4\text{H}_2\text{O}$  (d and e). The products after 10 min's milling of  $\text{Cu}(\text{NO}_3)_2 \cdot 3\text{H}_2\text{O}/\text{KIO}_3$  mixture (c) and  $\text{Ca}(\text{NO}_3)_2 \cdot 4\text{H}_2\text{O}/\text{KIO}_3$  mixture (f).



**Fig. 6.** Temporal XRD of milling  $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}/\text{KIO}_3$  after 3 washings with DI water. Note: 25/s (25 Hz) is the frequency of shaking during ball milling.

SEM, the metal nitrates began to melt with bubbling, resulting from evaporation of water from nitrates. (confirmed by EDS) The spreading bubbles rapidly dissolved the exterior surface of  $\text{KIO}_3$  crystals (Fig. 5a to Fig. 5b, Fig. 5d to e), which reacts to produce metal iodate NPs (confirmed by EDS) within a  $\text{KNO}_3$  matrix. After washing away the  $\text{KNO}_3$  (dark part in Fig. 5c and f), the monodisperse metal iodate NPs can be seen in Fig. 5f.

### 3.3. The role of milling time on the reaction

The milling products of  $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}/\text{KIO}_3$ ,  $\text{Cu}(\text{NO}_3)_2 \cdot 3\text{H}_2\text{O}/\text{KIO}_3$  and  $\text{Fe}(\text{NO}_3)_3 \cdot 9\text{H}_2\text{O}/\text{KIO}_3$  with different milling durations and frequencies are shown in Fig. 6 and S5, respectively. Fig. 6 shows temporal XRD patterns of the effect of milling on  $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}/\text{KIO}_3$ . We note that  $\text{Al}_2\text{O}_3$  balls were used instead of hardened steel balls (used for the others five metal iodates) in the synthesis of  $\text{Bi}(\text{IO}_3)_3$ . This is because the decomposition temperature of  $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$  is as low as 323–333 K. With hardened steel balls (~318 K), the temperature can temporarily reach the point of the decomposition of  $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$ . And in fact, with hardened steel balls,  $\text{Bi}_2\text{O}_3$  was detected in the final products, which confirms the above assumption. With  $\text{Al}_2\text{O}_3$  balls, the temperature reached is only ~308 K, which is lower than the decomposition temperature (323–333 K) of the nitrate, but still much higher than its Tammann temperature (173 K). There is a decrease in  $\text{Bi}(\text{NO}_3)_3 \cdot 5\text{H}_2\text{O}$  and  $\text{KIO}_3$  intensity, with increased milling duration from 10 s to 360 s (25/s), which is essentially completely gone by 450 s. This decrease implies reaction is occurring, but the lack of any product diffraction pattern indicates an amorphous product or intermediate. New product diffraction patterns appear around 600 s which grow in intensity and decreases in peak width. This indicates that a nucleation process is over, and the remaining time results in crystallization and growth. After washing to remove the  $\text{KNO}_3$  product, the final product, bismuth iodate is obtained (Fig. S6).

## 4. Discussion

Herein, we propose a possible mechanism involving the mechanochemical synthesis of metal iodate superfine powders. Upon milling, the reactant temperature is measured to increase rapidly to 318 K, which is >100 K higher than the Tammann temperature. This significantly enhances diffusion rates and reaction speed mediated by water as an ion conductor. The most interesting part of this work is that superfine metal iodates can be produced with a totally dry mechanochemical process with high efficiency (~600 s for a production of ~2500 mg). One key factor for the fast reaction is water (crystal water and free water) inside the metal nitrate salts. Metal nitrate salts with crystal water have a much lower Tammann temperature compared to those without crystal water. Most metal nitrate hydrates might contain some free water owing to their strong hygroscopic property, which further promotes the ion diffusion between the reactants. Milling attrits the particles to expose fresh unreacted surfaces and reduces particle size. Milling may also introduce defects [2] that contribute to the nucleation of the final products, in turn creating smaller particles. The continually formed  $\text{KNO}_3$  may also act as a buffering material to protect metal iodates particles from decomposition and agglomeration.

## 5. Conclusions

In this work, we use a solid-solid mechanochemistry method to produce various metal iodate superfine powders. The formed particles have a much smaller and narrower size distribution compared to those made by the chemical precipitation method (except for  $\text{Fe}(\text{IO}_3)_3$  and  $\text{Bi}(\text{IO}_3)_3$ ). This method also has a high yield of >75% and a high production rate (2.5 g in 600 s), which is easily scalable. This method provides an economical and green approach for superfine powders synthesis.

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.powtec.2017.10.024>.

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